# **University of Management and Technology**

## **Course Outline**

Course code CP 630 Course title: Research Methods

Program	MS Clinical Psychology
Credit Hours	3 CH
Duration	15 Weeks
Prerequisites	Foundations of Research
Resource Person	Ayesha Jabeen
Counseling Timing	12:00pm to 4:00pm
(Room#)	
Contact	ayesha.jabeen@umt.edu.pk

Chairman/Director signature		
Dean's signature	Date	

### **Learning Objective:**

- Comprehend the basic essentials of clinical research
- Able to understand the individual and cultural differences influence research outcome
- Describe different steps involved in the process of Clinical Research.
- Comprehend the nature, advantages and limitations of the main research design
- Appraise the need for having ethical principles guiding research.
- Understand the procedural issues involved in collecting and collating data in clinical research.
- Learn how to develop, organize and undertake a research project
- Understand the procedural issues involved in collecting and collating data in clinical research.
- Explaining and practicing the format of writing proposal and research reports

### **Learning Methodology:**

Teaching this course will be only part time dyadic and mainly practice and skills oriented. It will include lectures on theoretical issues and regular workshops for effective learning. Teaching would be more discussion oriented, so that trainees become reflective practitioners rather than mere recipients of knowledge. Trainees will be required to give class presentations. Students will be required to submit written reports on regular basis. Trainees will also be required to give demonstrations of different research scenario and subsequent statistical analysis on SPSS. Teachers will provide handouts and relevant reading material on regular basis.

### **Grade Evaluation Criteria**

Following is the criteria for the distribution of marks to evaluate final grade in a semester.

Marks Evaluation percentage		Marks in
Quizzes	10%	
Assignments	20%	
Mid Term		
Attendance & Class Participation	10%	
Term Project	20%	
Presentations	20%	
Final exam	20%	
Total	100%	

### **Recommended Text Books:**

- 1. Aiken, L.A. (1996). *Rating scales & checklists: Evaluation behaviour, personality and attitudes.* New York: John Wiley & Sons
- 2. Anastasi, A. and Urbina, S. (1997). *Psychological Testing (7<sup>th</sup> ed.)*. Singapore: Pearson education, Inc.

#### **Reference Books:**

- 1. Kumar, R. (2011). Research methodology: A step-by-step guide for beginners. Los Angeles: SAGE.
- 2. Guilford, J.P. and Fruchter, B. (1978). Fundamental statistics in psychology and education (6th international student edition). Kogakusha: McGraw-Hill
- 3. Kirkpatrick, L.A. and Feeney, B.C. (2003). *A simple guide to SPSS for Windows for Versions 8.0*, 9.0, 10.0 & 12.0 (Rev. ed.). Canada: Wadsworth

# <u>Calendar of Course contents to be covered during semester</u>

Course codeCP630 Course title: Research Methods

Week	Course Contents	Reference Chapter(s)
	<ul><li>Definition and nature of research</li><li>Goals of research</li></ul>	Pallant, J. (2005). SPSS survival manual. Open university Press.
1	Characteristics of a research/ researcher	Chapter 1
	Why we need to carryout	Pallant, J. (2005). SPSS survival manual. Open
	research ??	university Press.
2		Chapter II
	Process of research	Pallant, J. (2005). SPSS survival manual. Open
	Develop a research title	university Press.
3	<ul> <li>Construct a research question</li> </ul>	Chapter II
	<ul> <li>Aims and objectives</li> </ul>	
	o IVs and DVs	
	<ul> <li>Construct hypotheses</li> </ul>	

	Function of hypothesis	Camer, Duncan., Howitt, Dennis- Understanding
		statistics in Psychology, 2011
4		
	Literature Review and Its	Pallant, J. (2005). SPSS survival manual. Open
	Function	university Press.
5		Chapter 15
	Scale development	Brace, N., Kemp, R., & Snelgar, R. (2006). SPSS for
	Theory	psychologists. London Lawrence Erlbaum
6		Association.
		https://www.researchgate.net/publication/310596846_
	Practice of developing a scale	Development_of_Interpersonal_Difficulties_Scale_fo
7	How to explore phenomenology	r_University_Students
	What is a research Proposal	Ranjeet Kumar
	Steps of developing research	
8	Proposal	
	Presentations	
9		

	Personations	
	How to present a proposal	
10		
10		
	Reliability	
11		
11		
	Validity in research	
12		
	Research designs	
	Correlation	
	Longitudinal	
13	Survey	
	Prevalence	
	Sampling strategy	
	Sampling and its function	
14		

	Revision AND Review	
15		